



# SIFT PERSONAL TRAINING

## OCEANSIDE FACILITY

3654 Ocean Ranch Blvd Oceanside, CA 92056  
760.439.2FIT (760.439.2348)



From I-5: Take the Oceanside Blvd Exit and go East past El Camino. Go approx. .5 miles and turn left onto Rancho del Oro Rd. Go up the hill approx. .3 miles and turn right onto Ocean Ranch Blvd. Enter the Venture Commerce complex on your left and continue left to go around the west side of the building.

From the East: Take Hwy 78 West and exit College Blvd. Go North. Turn left onto Oceanside Blvd. Go approx. 1.5 miles and turn right onto Rancho del Oro Rd. Go up the hill approx. .3 miles and turn right onto Ocean Ranch Blvd. Enter the Venture Commerce complex on your left and continue left to go around the west side of the building.

From the North: Take Hwy 76 to Rancho del Oro Rd. Turn left (south). Cross Mesa Drive. Go approx .5 miles and turn left onto Ocean Ranch Blvd. Go up the hill approx. .3 miles and turn right onto Ocean Ranch Blvd. Enter the Venture Commerce complex on your left and continue left to go around the west side of the building.

## FALLBROOK FACILITY

2809 S. Mission Road, Site D Fallbrook, CA 92028  
760-451-FITT (760-451-3488)



Take Hwy 76 into Fallbrook. Go North on S Mission Road. Travel approx. 3 miles. Facility is located on the left and is situated down a small embankment. If you get to Winterhaven Rd., you've gone too far.

From the town of Fallbrook, go south on S. Mission Road. The facility is 1/8 south of Winterhaven/FHS on the west side of the street.